



Sauk County HCE News & Views

Volume 2017 Issue 5 November/December 2017

*Growing through
the University of
Wisconsin
Extension*

Sauk County
Association for
Home &
Community
Education

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Greetings to my fellow HCE members:

We had a wonderful state conference thanks to a lot of people. Sylvia Kriegl was the co-chair for this conference and she made Sauk County shine. Thank you for helping and a special thank you to Sylvia. Fall is upon us when we think about school and learning. Our leader trainings this fall are interesting. Tony Tyczynski from the Sauk County Veteran Service encouraged all vets to recheck their benefits. Over time programs change and your personal lives change, this could now make you eligible for benefits. So if you know a veteran encourages them to check possible benefits every few years.

We have two clubs that have reached a milestone. Harrisburg HCE is celebrating 75 years of membership. Elaine Wilhelm is the only chartered member still alive. Witwen celebrated their 70th anniversary this fall. Norma Clavadatscher and Dorothy Enge are the two living chartered members. We included the Little Prairie HCE to join the event at the Dorf Haus for the German dinner. Norma was able to attend but Dorothy's health didn't allow her to attend. Congratulations to Harrisburg and Witwen.

Many of our members are declining with age. We need to bring in some younger members. At a time when neighborhoods are almost a thing of the past, reach out to new neighbors and ask them to join. If you reach out to new members it will help your club grow. November 5 through 11 is HCE week. Ask your local library for space to promote HCE. Let's make the community aware of HCE, another way to gain new members.

I hope to see you at Fall Fling. Chili is on the menu and they are bringing back a HCE favorite recipe. Until 2018.

Donna Ochsner
Sauk County HCE President

Dochsner47@gmail.com 608-544-2001 home 608-574-2133 cell

LEADER TRAINING

Thank you to those who came to the Veterans and the Community presentation. Hopefully you can pass on this info to a veteran in your sphere.

The remainder of the year includes one new presentation. On Monday, October 30, speaker Laura Moffit will provide information about the Victim Witness program in Sauk County. This program supports victims through the criminal justice process. It will be held in the ETN room at 6:30pm. This topic can be used at your meeting in November. To wrap up the year, December may find you and your club exclaiming "party time!" My wish is for you all to make the most of precious time with your friends and with family.

Please let me know immediately of any changes to the **2018 membership booklet**, including new presidents, changes in the volunteer resources, rewordings, or anything you have noticed that needs changing. You can contact me by emailing at kathiefavre@yahoo.com or by calling 356-5911. Thanks for your help on this.

My goal is to have the booklets available for pickup at the Extension office by Dec.15. You should also pick up a packets on Food Waste, the Jan., 2018 lesson and a sheet describing Literacy Night which is scheduled for Feb. handout and March discussion.

I appreciate the opportunity to work on programs for HCE. .

Kathy Faivre
Vice President of Program

CULTURAL ARTS

Sauk County had nine entries in the State Cultural Arts Show in Wisconsin Dells. Very interesting show with lots of entries from across the state.

Ellen Schroeder received a Merit Award on the memory book, it contained historical facts and interesting information.

Every year it takes considerable funds to run the Cultural Arts Contest. It is partly funded by a raffle at the State Convention. If you want the Cultural Arts to continue please give me your ideas.

Hope to see your entries next year!

Judy Wehler
Cultural Arts Chair

FAMILY & COMMUNITY LIFE

A Positive Attitude

Life is not always easy. It is certainly not always positive. If that is true how can we have that positive attitude? Would it be possible to find **something** positive in a negative situation? Of course, that is not always possible, but we can try. I have some quotes that I feel are fun and helpful to read. Most of these came from the "Progressive Farmer", August 2017 issue.

"The Road to Success is Always Under Construction" by Arnold Palmer

"Optimism is the Faith That Leads to Achievement. Nothing Can Be Done Without Hope and Confidence" By Helen Keller

"Optimism Means Better Than Reality; Pessimism Means Worse Than Reality. I'm A Realist" by Margaret Atwood

"A Pessimist Sees the Difficulty in Every Opportunity; an Optimist Sees the Opportunity in Every Difficulty" by Winston Churchill

"It Takes No More Time To See the Good Side of Life Than to See the Bad" by Jimmy Buffett

"Optimism is a Strategy For Making a Better Future. Because Unless You Believe That the Future Can Be Better, You Are Unlikely to Step Up and Take Responsibility For Making It So!!" By Noam Chomsky

So, fellow, HCE members, can we apply that to our keeping track of our Volunteer Hours? Those hours are so important. We all know volunteering is a very positive thing. Please keep track of those for the State HCE. It is extremely significant to the state to show how much HCE does. I have included that same "chart" in this Newsletter to help you. Or do it in any way that is easier for you.

Ellen Schroeder,
VP of Family and Community Life

THANK YOU



A huge thank you to the Southwest District Counties for the great job done for our 2017 WAHCE Conference. Here Comes Excitement HCE in the Dells"

Sylvia K and Donna k
Conference Chairs

FUNDRAISERS

Cow Chip

Joyce, JoAnne and Ellen want to thank you for all your help at the stand. The weather was not sure what it wanted to do. WE had two small showers. Sales were down and a new freezer had to be purchased Friday afternoon. It all went good after that. Thanks to everyone who helped ! Everyone likes JoAnn's hot fudge.

Did you know we have two guys who also help. Lloyd Ballweg and John Ederer. Thanks so much ! Its just a fun day.

Many Thanks
Joyce, JoAnn and Ellen

Plain Brat Stand

Thank s to everyone who helped Friday and Saturday. Everything went good. Weather was nice. We sold 40 # of brats and some hot dogs.

Thanks Again
Ellen Ederer and Joyce Sorg

STATE CONFERENCE WRAP-UP

I was impressed with this conference. **Sylvia Kriegl** you deserve a huge thank you for all the work put into this conference. A medal too, because it's not easy to keep 370 women and a few men happy. I would guess your sleep has improved a lot. Here are some of the things Sauk County did to make this conference run smoothly:

- Sandy Kracht and Ruth Kruse arranged flowers for centerpieces
- Many members act as hostesses both for tours and introducing speakers
- Sandy Kracht did two sessions on Lords of the Artic
- Sandy Kracht and Donna Ochsner arranged the bus tours

Thanks to everyone who helped. Sauk County also received the following awards:

- 1) **Lerna Mae Wiese** served on the state board when the 750,000th book was read to a Wisconsin child. This year Sauk County will give 8 books to 164 children in Head Start, or over 1300 books will be in given to Sauk County children/families. All of these books are paid by a grant; no due dollars are used on Bookworm expenses.
 - a. Bookworms 15 years of reading award went to: **Norma Clavadatscher, Ellen Schroeder, and Lerna Mae Wiese.** Thank you readers.
- 2) **Ellen Schroeder** received a medallion award for her writing..."Precious Moments" a book of short stories from her family in the 1930's, 1940's, and 1950's. What a wonderful gift to her children and grandchildren. When you see Ellen ask her about the book. Way to go Ellen!!!

- 3) Sauk County received an award for starting two new clubs:
- a. **Little Prairie HCE** was a club that disbanded a few years ago. We decided to continue with the Little Prairie HCE name, because Donna Ochsner's mother in law Ramona was in this club along with Elsie Kruse, Linda Schnor's mother, and Lucille Sprecher Prospt who was Judy Wehler and Jean Brew's mother. We have just a few members but were reaching out to other people in our neighborhood.
 - b. In Baraboo the **Merry Meadows HCE** is a new club. Sylvia Kriegl started the club with Teri Fichter the activity director. Sylvia is reaching out to people in nursing home that would no longer drive to a meeting. Great idea...Sylvia

Donna Ochsner – Witwen

PRUNING SHRUBS AND SMALL TREES FOR WINTER

My first class I attended at State Conference was Pruning Shrubs and Small Trees for Winter given by Paul Bergum. It was a total question and answer class. Anyone just asked a question they had about any plant and he answered it. It was not just on pruning, it was on anything from bugs to taking care of plants. It was a very informative session since it was everyday problems that we all have. So if anyone knew a solution to the problem they would say this worked for me.

Cheri Rhinhart – Mirror Lake

CONTAINER GARDENING



WAHCE is a good time to meet old friends and always find new ones. The workshops are a time to learn. This past conference I attended Container Gardening.

A few points that we need to keep in mind. 1) What do you want and why are you doing it. 2) Need to be sure that you have good drainage, by having drain holes in the bottom. 3) Your container can be anything and any size. 4) You can grow many vegetables and flowers. 5) They can also be used for decorations in the lawn. 6) Keep in mind the amount of light needed for the selected plants.

Marigolds help keep bugs away. Problem with Aphids – use mint or beer.

Ruth Kruse – Mirror Lake

FOOD PRESERVATION INSPIRATION Becky Gutzman, Food Preservation Educator

There are different methods of preserving foods. Sometimes new methods may be used. New techniques and different utensils and appliances are available. Jellies and Jams may now be processed in pint jars if you add five minutes to the processing time. We were told not to substitute powdered pectin for liquid. And if we want to make it “healthier” (not using so much sugar) we must use a recipe that calls for no sugar or a lower amount. We must **not** use a regular recipe and reduce the amount of sugar on our own.

Freezing can be used and, of course, may take much less time for most products. She informed us that blanching our vegetables is done for quality of the product, not to make the food safe. Be sure to check the blanching time for each vegetable as it can vary. And, of course, keep them in the ice water for the same length of time as you do in the boiling water.

It was stressed to be sure to use canning salt, especially for pickling. Use only pint jars for salsas, never quart jars. She also told us if the recipe calls for corn or beans, add that when the salsa is served, not when you can it.

In general she said that if the processing time takes ten minutes or more, we do not have to sterilize the jars! A new appliance on the market now is an Atmospheric Steam Canner. It replaces the boiling water bath canners and can be used for any recipe approved for boiling water bath. It might be a good investment if a person does lots of canning.

It felt throughout the entire class, she was emphasizing to follow recipes correctly and exactly, with no substitutions. That probably is a good rule in general, right?

Ellen Schroeder – Reedsburg City and Country

ORCHIDS

The growing and caring for orchids is different from other houseplants. they like to be ignored, not watered too much. when happy they will bloom for weeks. Repotting involves a few extra steps. The new home needs to be sterilized along with the gardening tools. Our presenters were Keith Nelson & Susan Reed. Both are long time orchid growers. Their main message Don't be afraid of growing orchids, it is fun and somewhat addicting.



Marilyn Sprecher – Individual

CYBER SECURITY AND PRIVACY PROTECTION

This program was taught at the HCE Conference by Laura Fay from the WI Dept. of Agriculture, Trade and Consumer Protection. There were so many topics discussed and all of your concerns can be addressed by going to datcp.wi.gov website. I will address using strong passwords as this is always a concern. Passwords are the first line of defense in protecting yourself against cyber criminals. If hackers gain unauthorized access to your computer, they can view your personal information; impersonate you and send messages to your friends; change your passwords and block you from accessing your accounts.



Use a unique password for each of your important accounts such as banking, email, and online newsletters. Create strong passwords by combining numbers, letters, and symbols. Do not use obvious passwords like '123456' or 'password'. Avoid using publicly available information like your phone number or the name of a child, pet, birthdate, or zip code.

Longer = Stronger. Your passwords should be a minimum of 8 characters, but longer makes it harder for a thief to crack your codes. You can use characters in the middle of a word such as Bara\$%^&boo. Use a \$ instead of S or zero instead of an O. Try using catchy phrases like 'Iam☺2bme!' that says "I am happy to be me!" or 'IamjustGr8!' that says "I am just great!"

Add security questions to your accounts if they are available. This can help identify yourself in case you forget your password. Images are also available on some accounts for identity.

Keep your passwords in a secret place. Write them down and put them out of sight. You may consider using a password manager, secured by one master password that you will always remember. Always research the various managers to see which one has the right combination of features that works best for you.

Shirley Vorndran – Pleasant Valley

LORDS OF THE ARTIC – POLAR BEARS



I attended HCE State Conference in Lake Delton and went to Sandy Kracht's program on the Polar Bears. She had visited Churchill, Manitoba Canada, The polar bears are the sea/ice world's largest land predators. They are found in the Arctic, the U.S. (Alaska), Canada, Russia, Denmark (Greenland) and Norway. Each of these countries wither banned hunting or established rules for how many polar bears can be hunted for a stable population. Today 25,000 to 40,000 polar bears roam the Arctic.

The baby polar bears often starve if they don't find foods like seal to eat or due to limited time on the sea ice. So this was an interesting topic.

Lois Luce – Mirror Lake

CHILDREN IN THE RIGHT DIRECTION TO STOP BULLYING

“ Using a Moral Compass: Pointing Children in the Right Direction to Stop Bullying” was presented by Lynn Marcks of Clintonville, WI. She is an educator and also will be the new Bookworms state chair in 2018.

Lynn Marcks defined bullying as anything that hurts another—verbally, emotionally, or physically. She did not confine her remarks to helping children. Her anti-bullying foundation, nlc, was established after an incident in which her 22-year old son Nic was physically bullied (beaten) and died of his injuries.

She believes that the most valuable strategy for helping children deal with bullying is to spend time with them and talk about the topic. There are many children’s books that can be read and discussed as a way to open this conversation. They speak of situations when someone is not being treated in a respectful manner. A few titles suggested were “Coat of Many Colors”, “Sorry”, “Mean Jean the Recess Queen”, and “My Mouth is a Volcano”.

As adults we can also assess ourselves to guard against bullying behavior.

Kathie Faivre – Diamond Hill

Bullying is when one person hurts or threatens someone in their peer group. Anyone can be a bully, and bullying can be carried out in different ways. Physical bullying may include shoving, pushing, and hitting. Words and non-verbal behavior can also be used to hurt someone by spreading rumors, taking part in gossip, or threatening someone with looks, notes, or pictures.

If bullying includes physical or sexual harm, damage to property, and a child is afraid to go to school, it is probably also assault or harassment. These behaviors are against school rules and many are against the law. If bullied contact the school, to find out what your rights are. Children must also tell their parents.

Sylvia Kriegl - Communicators

“Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough.” -- Oprah Winfrey

BOOKWORMS & PALM OF THE HAND MEMOIR WRITING TIPS

I helped with the Wisconsin Bookworms™ workshop presented by Kristin Leglar, Wisconsin Public Television partner, along with Shelley Tidemann, Lerna Mae Wiese, WAHCE Chair. She showed the books that were picked by the state counties members. Kristin shared the activity sheets and I shared with all, the information that is on the Wisconsin Bookworms™ website. Wisconsin Bookworms™ county coordinators picked up their book plates. Thanks all.

“Palm of the Hand Memoir Writing Tips” given by: Meg Allen, a librarian at the Baraboo Library. She started with show us a book she had published followed by reading one of her favorite stories, written by Ellen Schroeder, a Sauk County HCE member. The story was about her family when they were young. You wonder what palm of the hand means. She explained: Remember, a PoH memoir is only about a particular event in your life. Just write on that subject. We often want to add too much to a story, when maybe there’s 2, 3 or more individual PoH stories that revolve around certain theme. Remember these are your stories, because they are written as you see them. You can write a PoH a week this will yield 52 stories about your life in the course of a year I did Memories writing with a group when some wrote many pages. I really like this and am hoping to sit down and do more Palm of the Hand writing in the coming year.

Lerna Mae Wiese – Elder Ridge



DECORATIONS

Thanks to Ruth Kruse for assisting with the table decorations for the State Conference. She was the official feather lady! Together, we made 35 table arrangements. Donna Ochsner and her also donated flowers. Arrangements were also provided for the registration table and banquet hall. Thanks to Al Jones for assisting with the delivery details.

The weather cooperated with me and I enjoyed growing & arranging the

flowers in honor of my mother - a long time HCE member.

Sandy Kracht – Mirror Lake

HISTORY OF SHEEP MILK AND CHEESE

Presented by Larry Meisegeir of Bruce, Wisconsin.

The major countries for sheep milk cheese production and sheep milk cheese exports are Greece, Italy, Spain, France, Romania, and a few more. These countries have been producing sheep milk cheese for years. Some of the imported sheep milk cheeses are roquefort cheese from France, pecorino-romano cheese from Italy, and manchego cheese from Spain. 40 to 60% of world exports of sheep milk cheese come to the U.S. which is between 53-73 million pounds of cheese each year. The first commercial dairy sheep farms were established in mid-to late- 1980's with meat-wool sheep. The first licensed dairy sheep farm in the U.S. was in Stuyvesant, NY in 1985. In 2010 there were 167 dairy sheep farms in North America of which 71 were in the U.S. Of the 71 farms, 15 were in Wisconsin. The Wisconsin Sheep Dairy Cooperative was formed in 1997. The sheep are not treated with hormones or other substances. The cooperative began by selling milk to other dairy manufacturing companies, and around 2011 began producing their own cheese. Their main cheese is Dante. Sheep milk has higher levels of protein, calcium, iron, foliate, vitamins A,B group, C, D, & E than both goat and cow's milk. The lactose in sheep milk is tolerated and easier to digest than other milk. Sheep milk and sheep milk products are more flavorful than cow's milk. Sheep's milk is best used for making cheese and yogurt.



Shirley Steinhorst – Pleasant Valley

VENTURES IN PEOPLE: HAITI



Presenter Barbara Seefeldt did an excellent job of giving us a glimpse into the life of the people of Haiti. Haitians are a people who want to help themselves and VIP enables them to improve their situations. The annual income for most Haitians is \$300. Haiti is the poorest country in the western hemisphere. We were given basic facts of life in Haiti to give us an understanding of what daily life is like in this small country.

What does VIP offer? For thirty years VIP has targeted education, clean water, and a 4-H program as viable ways to help. I recommend the VIP website as a source for information, ways we can contribute, and for visual images of the Haitian people engaging in various programs. There are speakers available as resources to youth, church, service, and civic groups. There are safe and well planned trips offered for anyone interested. Check out the website as it is excellent. *Note that VIP is non-profit.

Carolyn White – Mirror Lake

Sauk County Delegation to WAHCE Conference..



Having fun in the photo booth at the conference.

EDITORS NOTES



Fall is slow to arrive, so my garden continues to provide me with vegetables and flowers. It is great to be able to share produce with family, friends and the community through the Food Pantry.

Hope you enjoyed reading and learning from your fellow HCE members that attended the State Conference. Thanks to those that shared by writing an article for the newsletter. Members can submit articles for the Jan/Feb newsletter.

It has come for me to say good bye - as this is my last issue as the editor. As I look forward to my retirement after 34 years in public service (UWEX, MATC, DVR and SRSTC) it is time for me to reduce my involvement in HCE. It would be hard to attend meeting and edit the newsletter from a distance. I will remain active in SCHCE, after a year or two off, as I have the adventure and travel bug. My hope is to work with women in Costa Rica to establish a group to empower them to make a difference in their lives and communities.

If you have **articles** for the upcoming newsletter, please check the 2018 Program book for information on who is the new Editor.

Changes to addresses for mailing the newsletter, should be directed to the new membership chair and UWEX office as they are responsible for maintaining the accurate mailing lists.

It was a pleasure to serve SCHCE over the past years as Editor, International Chair and President.

Sandy Kracht
Editor

CLUB NOTES

Diamond Hill HCE-North Freedom

Here is another opportunity to share news about our area Homemaker's Club and some of the things we do as a part of the UW Extension here in Sauk County. Our membership stands at 13, and we are looking forward to adding at least one more to our membership list real soon. We are always happy to have new members join us for education and fellowship. One of our favorite parts of our business meeting is doing Roll Call. Even though we all know each other well, and know why someone may need to miss the meeting, we still enjoy learning new things about each other. When our HCE books arrive and we start planning our new year, we always try to choose a roll call topic that coincides with our lesson. Sometimes that can be a challenge, but we can always come up with a good idea. One of the most enjoyable Roll Call topics is after our summer apart. We tell about something we did over the summer months and it is a good way of catching up on something special that happened to us or our family. Collecting recipes from members when a food project is being presented, is also a good topic for roll call and I think we each have collected many recipes that we now have as favorites to serve our families or for those potluck dinners we attend.

Other examples of roll call have become an annual event! For Valentines month, we each bring everyone a Valentine, and many of us have made boxes similar to those we made when we were in grade school to place those lovely cards and candy into. We often have some good laughs and really learn so much about each other.

Here are some of our members favorite roll call topics!
Jan Filip, Lori Koch and Linda Baumgarten, all especially enjoyed our May Roll Call honoring our Mom's. We each brought a photo of our Mother and told a little about them. In October we each bring Halloween candy to share, "who doesn't like a little chocolate?" says Elaine Shimniok. One of Kathy Faivre's favorite topics was each of us telling about our first jobs; and also, "What brain activity keeps you sharp?" for our "Healthy Aging Brain" lesson. The "Haunted Sauk County" lesson was a favorite of Angie Filip; ladies shared both funny 'scaring yourself' stories, and mysterious, other worldly occurrences. Pam Felland loves the interesting, touching or just plain humorous responses being shared, no matter the topic. Judy Shelton, Betty Meyer and Carol Koch especially enjoy when we share pictures; such as our baby or wedding photos, along with family history or family stories. Exchanging seeds, plants or cuttings from our own plants in the Spring was one of Mary Gieck's favorite roll call topics.

As we discussed this topic for our clubs News and Views article, many other favorite were discussed and many memories shared. Roll Call as part of our meeting is a fun and interesting way to get to know our fellow club members!



Back Row L. to R.

Linda Baumgarten, Carol Baumgarten, Elaine Shimniok, Angela Filip, Kathie Faivre, Betty Meyer, Carol Koch, Jessica Milestone(guest)

Front Row L. to R.

Pam Felland, Judy Shelton, Mary Gieck, Lori Koch, Jan Filip (Not present Nora Schmidt)

MEMBERSHIP



It is time to re-new your membership and promote Sauk County HCE to community members. Dues are still a bargain and the education programming is top notch!

Club Presidents received a packet with re-enrollment forms at the Fall Fling. Please be sure to check the information and correct it if needed. You will have the option to receive the newsletter via email.

The following page provides information on HCE to share with potential members and also public officials.

Frederick Keonig

"We tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have."

Wisconsin Association for Home & Community Education

The Wisconsin Association for Home and Community Education, Inc., is a non-profit educational organization comprised of member associations in 59 counties in Wisconsin.

The organization is unique in that members extend the information they receive from the University faculty and other reliable sources to the membership and community. Program planning and leadership training are provided by a collaborative effort of WAHCE, Inc. and the UW-Extension Family Living Program.

The UW-Extension faculty serve as advisors to both the state and county HCE Associations. Education programs are developed after careful study of statewide concerns.



The roof of the home symbolizes our past heritage with Extension Homemakers. The letters H (Home) C (Community) E (Education) make it a suitable logo by the state, county, and club. The house without walls confirms a commitment to membership open to all, regardless of race, color, creed, religion, sex, age, handicap or national origin.

Our Goals are:

- To provide continuing education for members and others on issues that will strengthen families and communities.
- To develop and improve leadership skills of members.
- To build coalitions with other organizations and agencies having similar objectives and concerns as WAHCE, Inc.
- To promote friendships and understanding with all people of the world.

SCHCE BOARD MINUTES

**SAUK COUNTY HCE EXECUTIVE BOARD MEETING
September 5, 2017**

President Donna Ochsner called the meeting to order with the pledge to the flag and the WAHCE creed.

Roll call was taken with 15 members present. Secretary's minutes were approved as read.

Treasurer's report was given by C Rhinehart and placed on file for audit.

Correspondence: none

Agenda Additions: New Business: SW District Meeting

Bookworms: book labels are here and the new books have arrived

Center Chairs: Baraboo-none Sauk-brat stand on Sept 29/30; Reedsburg-none

Cultural Arts: 9 entries will be taken to state and Judy will also pick them up afterwards

Family & Community Outreach: Flu shot time is here, keep track of volunteer hours

International: none

Lynn's Legacy: speaking at Glacier Rock to a group

Historian: none

Marketing: none

Programs: 12 people attended the nutrition program, have most to the 2018 meetings figured out. Looked good for programs.

Scholarships: none

Old Business: Nomination committee: working on it.

Steam & Gas Show: show was wonderful

Cow Chip Booth: sold more sundaes and floats this year

UW Extension meeting: Sylvia and Donna attended need to tell them what the family living agent does and that Sauk county needs one.

New Business: WAHCE State Conference: Taking a cookbook for the silent auction and need to turn in articles for workshops that you are attending.

Brat Stand Plain: Sept 29/ 30 signed up for shifts

2018 Budget Committee: handed out preliminary budget sheets and discussed

Fall Fling- October 19 Baraboo hosting to be held at the Reedsburg Methodist

Church= speaker about France.

Set up Committee Ready Set Garden-nothing new to report

SW District Meeting; Yuba Sept 25 registration due meeting Oct 18, 2017. Signup sheet passed around

Newsletter: articles due October 10

Next Meeting: October 3

Refreshments: Irma and Lynda

Meeting adjourned with the WAHCE prayer.

Refreshments for the October meeting will be Marilyn and Sylvia

Sharon Verthein,
Secretary

SAUK COUNTY HCE EXECUTIVE BOARD MEETING
October 2, 2017

President Donna Ochsner called the meeting to order with the pledge to the flag and the WAHCE creed.

Roll call was taken with 15 members present. Secretary's minutes were approved as read.

Treasures report was given by C Rhinehart and placed on file for audit.

Correspondence: Letter from Sue Nagelkirk

Agenda Additions: New Business: HCE Week Nov. 6 -12th

Bookworms: will start reading this month, have someone who wants to buy some of the books that are extra

Center Chairs: Baraboo-working on spring fling Sauk-brat stand on Sept 29/30;

Reedsburg-met a member home to view flowers

Cultural Arts: Had several award winners at State level. State does raffle to sponsor cultural arts show.

Family & Community Outreach: Sold 3 cookbooks, may ask if 2nd Street Market wants to purchase the books.

International: Sent letters to schools asking how many international students they have

Lynn's Legacy: need to order supplies again

Historian: none

Marketing: Sylvia did a membership book for state convention, Harrisburg celebrating 75 years and Witwen 70 years

Programs: 9 people attended the veteran's program, which was very good. Will have rough draft of book at the November meeting

Scholarships: survey in the newsletter for everyone to fill out and return.

Old Business: Nomination committee: found 1 person for one of the positions, still looking for more.

Cow Chip Booth: made approximately \$900 dollars

UW Extension meeting: County committee has kept 4 full time positions in their budget not sure if it will pass for the county budget

WAHCE State Conference: Good convention, thanked Sylvia for all her hard work organizing the convention. Lots of good things

Brat Stand Plain: Sold 40 pounds of brats, thanks to all who helped

Fall Fling- To be held at Reedsburg Methodist church, chili on menu and cost is \$7.50

2018 Budget Committee: will need to pass at the Fall Meeting.

New Business

SW District Meeting; figured out the car pooling

Set up Committee Ready Set Garden-will be meeting after this meeting Date is March 24

Newsletter: articles due October 10

Next Meeting: October 3

Refreshments: Sylvia and Marilyn

Meeting adjourned with the WAHCE prayer.

Refreshments for the November meeting will be Kathy and Lerna Mae

Sharon Verthein,
Secretary

VOLUNTEERING & DONATIONS June 1, 2017 – May 31, 2018

Date	Hours	Cash	Date	Hours	Cash	Date	Hours	Cash
June 1-3			Oct 29- Nov 4					
June 4-10			Nov 5- 11					
June 11- 17			Nov 12- 18			March 25-31		
June 18- 24			Nov 19- 25			April 1-7		
June 25- July 1			Nov 26- Dec 2			April 8-14		
July 2-8			Dec 3-9			April 15-21		
July 9-15			Dec 10- 16			April 22-28		
July 16- 22			Dec 17- 23			April 9- May 5		
July 23- 29			Dec 24- Dec 30			May 6-12		
July 30- Aug 5			²⁰¹⁸ Dec 31 – Jan 6			May 13- 19		
Aug 6-12			Jan 7- 13			May 20- 26		
Aug 13- 19			Jan 14- 20			May 27- 31		
Aug 20- 26			Jan 21- 27					
Aug 27- Sept 2			Jan 28 – Feb 3-			TOTAL		
Sept 3-9			Feb 4- 10					
Septv10- 16			Feb 11- 17					
Sept 17- 23			Feb 18- 24					
Sept 24- 30			Feb 25- Mar 3					
Oct 1-7			March 4-10					
Oct 8-14			March 11-17					
Oct 15-21			March 18-24					
Oct 22-28								

Sauk County UW Extension Office
505 Broadway
Baraboo, WI 53913

Nov/Dec 2017

Return Service
Requested

“UW Extension provides equal opportunities in employment and programming, including Title IX requirements. Advise us at least two weeks before event if you are handicapped and desire special accommodations. Requests will be kept confidential.”

SAUK COUNTY HCE

Sandy Kracht, News & Views Editor
sandy.al@rucls.net

Upcoming Activities

OCTOBER

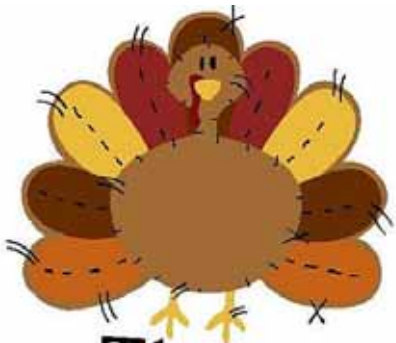
- 19 Fall Fling
- 30 Leader Training – ETN Room

NOVEMBER

- 5-11 HCE Week
- 7 SCHCE Board Meeting 430
- 23 Happy Thanksgiving

DECEMBER

- 15 Program books and January Leader training materials available in UWEX office.



Happy Thanksgiving

Enjoy time with your family and friends.