



Sauk County HCE News & Views

Volume 2018 Issue 4 Aug./Sept./Oct. 2018

*Growing through
the University of
Wisconsin
Extension*

Sauk County
Association for
Home &
Community
Education

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President's Letter

Dear HCE member;

I'm writing this newsletter before the Sauk County Fair. It seems funny to be talking about fall when my summer is just getting started.

This year's state fair will be special for our family. We will receive a sesquicentennial award for our family farm. We could have received this award sooner but I wasn't aware of the award. We were busy raising our children. The Ochsner family is very proud to farm in Sauk County. I moved the Executive Board meeting from Tuesday, August 7 to Wednesday, August 8 at the same time and place to allow me to attend the state fair award.

This fall has many activities for you to participate in. I hope you are excited as I am. Do not forget to ask a friend to these events. We can always use new members. **On August 14th...don't forget to vote.** We have some important races in Wisconsin.

On August 20th we have our first leader training on lavender. I hope to see you there. I planted lavender last year, but it didn't make it through the winter. I'll try again next year. Don't forget to register for the Fall Fling. I hope to see you soon.

Donna Ochsner, Sauk County HCE President

Dochsner47@gmail.com or 608-544-2001 Home or 608-574-2133
cell 608-574-2133

PROGRAMS EVENTS



Have you ever attended a SW District Meeting?
Here is a chance to attend in your county.
Contact Donna Ochsner for more information.

Sauk County HCE

Invites SW District to Fall Meeting

on Thursday October 11, 2018

to be held at the

Kraemer Library and Community Center

910 Main Street

Plain, WI

Registration at 9am and program/meeting to follow

FALL FLING

The Sauk Prairie Area is hosting the Fall Fling on October 18th at the Black Hawk Church in Black Hawk. Please send in your registrations by Oct. 9th. Cost is \$7.50 Registration will be from 5:00 pm to 5:30 pm, the meal from 5:30 pm to 6:00 pm with the meeting to follow. Registration form and more information is at end of newsletter.

The guest speaker will be Dr. Mary Beth Baker from Prairie Clinic. She will talk about The Haiti Medical Mission of Wisconsin and the work being done in the Village of Thiotte.

Cow Chip is Coming!

The Cow Chip Throw & Festival is coming up on September 1st and 2nd. We could use help on Saturday working shifts. Shifts times include: 10am to 12 noon, 12pm to 2pm, and 2pm to 4pm. Saturday is a busy day from 10am to 3pm.

Please call Joyce Sorg at 608-544-2414. The money goes for our scholarships. Even if you can only work for an hour. It all helps so much. Please!! Please!!!

CLEAN SWEEP

The next Clean Sweep will be held on Saturday, September 29th at the old Sauk County Landfill, E8795 Evergreen Lane, Baraboo. There is extensive information as to what can be accepted and how things are brought in for disposal. Any questions about the program can be directed to the Sauk County Conservation, Planning, and Zoning at 608-355-3245.

<https://www.co.sauk.wi.us/landconservation/sauk-county-clean-sweep-and-alternative-disposal-options-clean-sweep>

EDITOR'S NOTE



For our Newsletter-- it is best to submit items directly to me! If you are unable to email, please either type or print the article. If you email, I will send a reply to you to confirm that I received the article. If you mail it, I will give you a call or better yet call me so I know it is coming. Please call me, if you do not get a response from me. This will save time for everyone involved. My contact information is below.

Deadlines for the upcoming newsletter will be posted in each issue. The next deadline is Oct. 10th for the next newsletter. It is important to follow the deadline or the newsletter will be delayed or your article may not be included. The goal is to have the newsletter to the UWEX office for printing and mailing before the end of the month so that you receive it before the first of the month. Therefore, DEADLINES are needed and must be followed!

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Family and Community Life

A sincere thank you to those of you who got their "Activity Sheet" information to me in one way or another. The same goes for the Volunteer Hours! Included in this newsletter is the chart for keeping track of your volunteer hours and money. This is reported to the VP of Family and Community Life at the end of May next year. This acquired knowledge goes to the state and is very important to them. The Activity Sheet is important to each of us as individuals also. Any amount or in any way we are active is significant to HCE.

With summer heat and humidity under way, we may have found it is way too uncomfortable to walk outside so even moving around in the house can be beneficial!! My back bothers me if I stand in one position for an extended period so I often walk up and down the hallway a few times. Not only am I getting some movement in but also it feels good. Try to be active in any way that is comfortable and satisfactory to you. If it hurts, do not do it, naturally.

I love HCE because it is a group of people who work together. We each have different personalities but the volunteer work we do together brings good results for Sauk County residents in many variable ways. We are like a box of crayons:

"We could learn a lot from crayons----- some are sharp, some are pretty,

some are dull, some have weird names, and all are different colors.

But they exist very nicely in the same box."

I have one more thing for all of our HCE members attending the Fall Fling. It will then be soon time for the Little Golden Books distribution at our local hospitals during HCE Week (Nov 4-10). Please bring those books to Fall Fling in October!!

Ellen Schroeder, VP of Family and Community Life

Volunteering June 1, 2018 through May 31, 2019

June 1-2	Hours	Money	Oct 28-Nov3	Hours	Money	Mar 31- Ap 6	Hours	Money
June3-9			Nov 4- 10			Ap 7-13		
June 10-16			Nov 11-17			Ap 14-20		
June 17-23			Nov 18-24			Ap 21-27		
June 24-30			Nov 25-Dec 1			Ap 28-May 4		
July 1-7			Dec 2-8			May 5-11		
July 8-14			Dec 9-15			May 12-18		
July 15-21			Dec 16-22			May 19-25		
July 22-28			Dec 23- 29			May 26-31		
_____ 2019 _____								
Jul 29-Aug 4			Dec 30-Jan 5			Total Hrs_____	Money_____	
Aug 5-11			Jan 6-12					
Aug 12-18			Jan 13-19					
Aug 19-25			Jan 20-26					
Aug 26-Sept 1			Jan 27-Feb 2					
Sept 2-8			Feb 3-9					
Sept 9-15			Feb 10-16					
Sept 16-22			Feb 17-23					
Sept 23- 29			Feb 24-Mar 2					
Sept 30-Oct 6			Mar 3-9					
Oct 7-13			Mar 10-16					
Oct 14-20			Mar 17-23					
Oct 21-27			Mar 24-30					

Wisconsin – 170 years as a State

On May 29, 1848 Wisconsin became the 30th state, the last state east of the Mississippi to join the Union.

Test your Wisconsin knowledge and its people. Cover the answers below.

1. Where was the first capital of the Wisconsin territory?
2. What Wisconsin native became a famous architect?
3. Whose gang did FBI agents in a shoot-out in April 1935 at Little Bohemia near Manitowish Waters?
4. Whose was the first Wisconsin Governor to be born and raised in the state?
5. What varieties of cheese were developed in Wisconsin?
6. Wisconsin grows over half the national crop of cranberries, and 97% of the nation's what?
7. In what three sports is Wisconsin represented by major league teams?
8. What car safety feature was Wisconsin the first in the nation to have?
9. Allen Ludden, the popular television host, was a native of what Wisconsin town?
10. Can you finish this famous jingle, "I wish I was an -----?"

Cover the answers below.

Wisconsin 170 answers

1. Belmont
2. Frank Lloyd Wright
3. John Dillinger
4. Robert La Follette
5. Brick and Colby
6. Ginseng
7. Green Bay Packers, Brewers, and Bucks
8. Seat belt beginning with the 1962 model cars
9. Mineral Point
10. Oscar Meyer Weiner

Source: *The Gold Sheet or Lafayette County HCE newsletter*

2018 Fall Fling Registration Form
Thursday October 18th

Club

Members Attending:

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____

Return Registrations to:

Cheri Rhinehart
E9472 South Avenue
Reedsburg, WI 53959

Please include payment for those attending at \$7.50 per person attending.

Checks should be payable to SCHCE.

Sauk County UW Extension Office
505 Broadway
Baraboo, WI 53913

July/August 2018

Return Service
Requested

Non-Profit Org.
US Postage
PAID
Baraboo, WI 53913
Permit #170

“UW Extension provides equal opportunities in employment and programming, including Title IX requirements. Advise us at least two weeks before event if you are handicapped and desire special accommodations. Requests will be kept confidential.”

SAUK COUNTY HCE

Kitty Enerson, News & Views Editor
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Upcoming Activities

July 16-18 NVON Conference Pewaukee
July 20 SW District Mtg. 9am Rm 328
West Square Building
August 7 Wisconsin State Fair
August 8 Executive Board meeting
August 14 Vote
August 20 Leader training on lavender
September 1-2 Cow Chip
September 11-13 State Convention
October 11 SW District Fall Meeting
October 18 Fall Fling