Raising a Thinking Child uses the I-CAN-PROBLEM-SOLVE approach.

Through this approach, children learn ways to resolve their own common conflicts and challenges.



# Raising a Thinking Child

To learn about upcoming classes or to schedule a class for your group, call
Amanda Coorough
Sauk County
608-355-3256

Amanda.coorough@wisc.edu



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Email: <u>uwcomplianceoffice@wisc.edu.</u>

# Raising a Thinking Child



Help your kids get along with family and friends by teaching them valuable problem-solving skills!

A program for parents and caregivers of 4-7 year olds



## Are you the parent or a caregiver of a 4-7 year-old?

## Are you looking for new ways to handle...

- \*Temper tantrums;
- \*Conflicts with siblings, friends, or classmates;
- \*Interrupting or impulsive behavior;
- \* Listening problems?

#### If so, Raising a Thinking Child

may be just right for you!

This series will help you guide your child to handle common issues through communication

and problem-solving.



## Raising a Thinking Child is...

- Fun
- Effective
- Easy to learn

### Did you know...

Children as young as four can learn to think for themselves in ways most of us never thought possible?

Through the evidence-based **Raising a Thinking Child** program, parents teach young children to:

- Solve problems and resolve daily conflicts
- Think about consequences and explore positive solutions
- Consider the feelings of others
- Manage common challenges independently



#### **Raising A Thinking Child**

can help shy children become more assertive. It can help impulsive children cope with frustration when things don't go their way.



These skills can prevent and reduce behaviors that predict later problems such as violence, substance abuse, and depression.



This eight-session educational series uses fun, interactive lessons to help parents/caregivers teach their kids valuable skills that can last a lifetime!