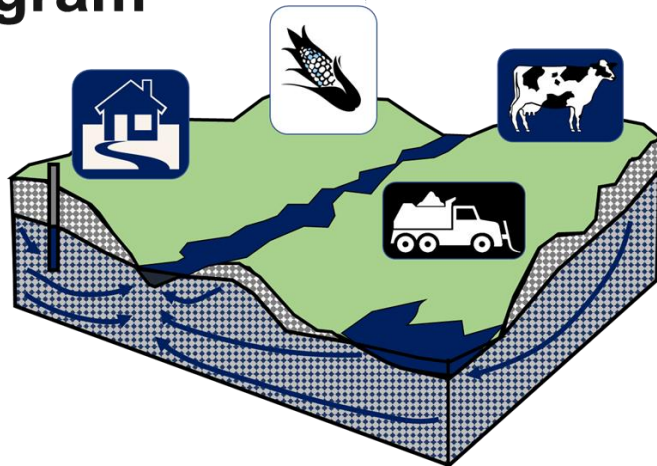


Sauk County Well Water Monitoring Program 2020

Year 1 of 5



Sauk County Well Water Monitoring Annual Report
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July, 2020



Extension
UNIVERSITY OF WISCONSIN-MADISON



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College of Natural Resources
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Executive Summary

Groundwater is the principal water supply for Sauk County municipalities, industries, and rural residents. While municipal water supplies are regularly monitored and required to meet drinking water standards, private well owners must make decisions regarding when and what to test for and what to do if there is a problem. In an effort to 1) understand changes to well water quality over time, 2) effectively target management, and 3) focus public health outreach efforts related to groundwater and private well owners, Sauk County undertook steps to initiate a 5-year project to monitor well water quality.

In July 2019, Sauk County began collaborating with the UW-Stevens Point & University of Wisconsin – Madison, Division of Extension’s Center for Watershed Science and Education to test a subset of Sauk County private wells as part of a long-term monitoring network. The following county departments are assisting with the project: University of Wisconsin – Madison, Division of Extension – Sauk County, Sauk County Health Department, Sauk County Land Resources and Environment. The five-year project is funded by Sauk County with additional funding support from the Ho-Chunk Nation for the initial year of the project.

Criteria were developed and used to select a network of wells that are representative of Sauk County’s diverse soils, geology, land-use, and well construction. A total of 802 landowners were contacted and 388 households that agreed to participate were sent sample collection kits; 397 participants successfully submitted samples for Year 1 of the project. All water samples were analyzed for nitrate-nitrogen, chloride, pH, alkalinity, total hardness, and conductivity at the state-certified Water and Environmental Analysis Lab. The goal is for these same wells to be tested annually for the next four years.

Sauk County’s groundwater can generally be characterized as slightly basic (mean pH = 7.55), moderately hard water (mean total hardness = 237 mg/L as CaCO₃), with low-moderate alkalinity (mean = 209 mg/L as CaCO₃). These aesthetic characteristics of the water are largely influenced by the geologic materials groundwater is stored and transported in; lower values of pH, alkalinity, and total hardness are found in wells in northern Sauk County, wells near the Baraboo Hills where wells may be drilled into Baraboo Quartzite and wells along the Wisconsin River which may be shallower and access the sand/gravel aquifer versus bedrock.

Nitrate is a common health-related contaminant found in Sauk County’s groundwater (mean = 4.2 mg/L nitrate-nitrogen). Nine percent of wells tested greater than the 10 mg/L drinking water standard. Approximately 57% of wells tested measured greater than 2 mg/L, which provides evidence that land-use activities are impacting water quality in over half the wells of Sauk County.

Chloride provides additional insight into the effects of land-use on water quality; background levels of chloride in groundwater are typically less than 10 mg/L. Forty-two percent of wells measured chloride greater than 10 mg/L; the mean chloride concentration in Sauk County was 16.6 mg/L.

This study provides an important benchmark of well water quality in Sauk County. Additional work will be done in years 2-5 to investigate the main factors affecting well water quality. Year 1 results provide a foundation for future sampling efforts to investigate how or if groundwater is changing over time.

Sauk County Groundwater Well Water Monitoring Year 1 - Annual Report

July 1, 2019 – June 30, 2020

Project Background

In 2019, Sauk County initiated a five-year groundwater quality trend data project, with 2020 being the first year of testing. This multiyear process is specifically designed to investigate changes in well water quality in Sauk County.

Tracking groundwater quality trend data will help local officials and Sauk County residents make data-drive decisions when managing groundwater quality. Currently, little information exists that allows for an understanding of how groundwater quality has changed over time in Sauk County. Establishing a network of private well owners to perform annual testing over an extended period of time will help inform residents and local leaders whether groundwater quality is getting better, worse, or staying the same.

Well Selection and Recruitment

A total of 802 wells were selected as part of the initial recruitment (Figure 1). This assumed a response rate of approximately 35%. Wells were selected utilizing a variety of datasets that included the Wisconsin Parcel Data Layer, Well Construction Records, Center for Watershed Science and Education Well Water Data, and others.

For the initial recruitment list, an attempt was made to locate and at least one well owner per section with a Wisconsin Unique Well Number and could be matched to a landowner from the parcel data layer. All things being equal, preference was given to those landowners that participated in previous Extension well testing efforts. Most wells on the list have well depth, well casing, and water table information. Of the landowners that were contacted, approximately one-third had submitted a previous sample through Extension programming.

Recruitment materials consisted of a recruitment letter describing why the landowner was being contacted along with additional information about the project. Landowners were asked to respond using a pre-paid postcard. Recruitment materials were mailed in early November.

A total of 438 landowners indicated their willingness to participate in the well monitoring program (Figure 2). This is a success rate of 55%, higher than our initial estimate of 35%. Anticipating a drop in participation over the five-year period, we decided to sample all 438 wells. Our hopes is that even if some participants drop out, we will have a minimum of 240 well samples with five years of data by the end of the final year of the project.

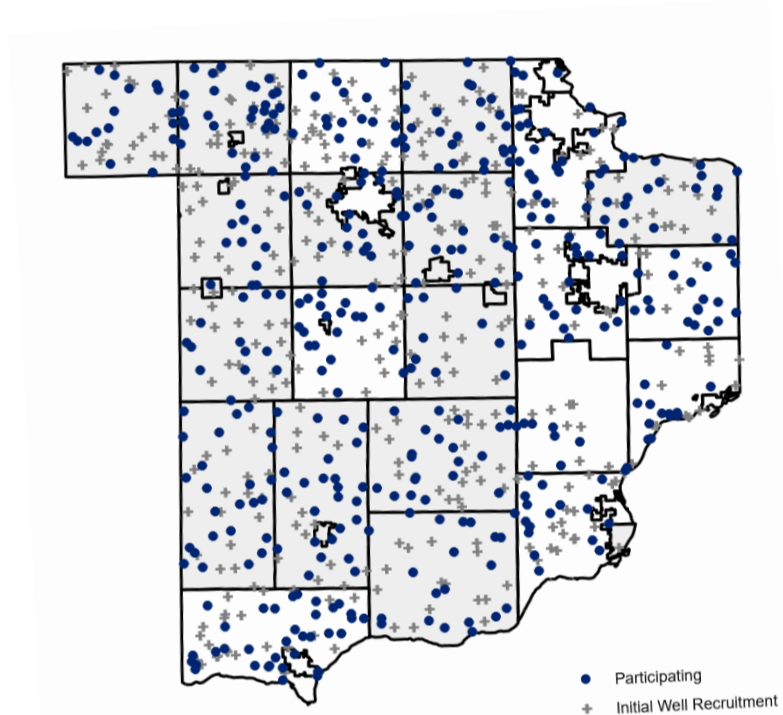


Figure 1. Black symbols represent 802 well parcels that were mailed recruitment materials. The blue symbols indicate the location of well parcels (438 / 55%) that indicated an interest in participating.

Well Sampling

Sampling kits were mailed to participants in mid-late January. Each kit included a sample bottle, sampling instructions, and a pre-paid mailer for participants to enclose materials in. Participants were instructed to sample an untreated faucet, if they were not sure they were asked to collect the sample from their cold-water kitchen faucet which is generally untreated in most households. Following sample collection, participants were asked to take the pre-paid mailer to a Postal Service counter.

A total of 397 samples were received by March 1st and analyzed for nitrate-nitrogen, chloride, alkalinity, pH, total hardness, and conductivity. Samples were analyzed by the Water and Environmental Analysis Laboratory which is state-certified to perform the analyses of interest. A few sample kits continued to trickle in beyond the March 1st deadline were collected and will still be analyzed and appended to the results.

Results and Summary Report

Analyses were completed and results mailed out to participants in early May. Analysis and results were delayed slightly due to Covid-19 and adjustments to staffing and workflow during a period of time.

Each participant received a copy of their individual test results along with an interpretive guide and overall summary of the results. A virtual webinar was held on June 24th for project participants. The webinar provided an overview of the project, described the various tests that were performed, and provided an overview of what has been learned in Year 1. The webinar was video recorded and is available on the Extension Sauk County website.

Year 1 Project Results

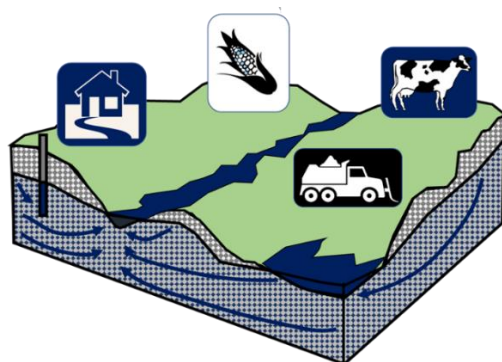
The following information summarizes the Year 1 test results and provides an overview of each of the tests performed in Sauk County. We will continue to analyze the data and provide additional details in years 2 - 5 about what we are learning.

Nitrate is an important to test for because it is a health-related contaminant. The other tests deal with other important characteristics well water, such as how hard or corrosive it is. Nitrate and chloride also can be useful for understanding how land use is impacting groundwater. Meanwhile, the other tests tell us other important information such as how rocks and soil affect well water quality.

Figure 2. Each of the tests performed help us better understand influences on well water quality in Sauk County. (figure modified from Merritts et al., 2014)

Nitrate / Chloride

- Useful for understanding land-use impacts on groundwater



Conductivity

- Overall water quality, combination of both land-use, rocks, and soils

Total Hardness / Alkalinity / pH

- Help us understand how rocks and soils impact groundwater

Table 1. Summary statistics for Year 1 of the Sauk County Well Water Monitoring Project.

	Total Hardness*	Alkalinity	Conductivity	pH	Nitrate-Nitrogen	Chloride
	mg/L as CaCO ₃	mg/L as CaCO ₃	umhos/cm		mg/L	mg/L
Minimum	10	<20	43	4.82	<0.1	<0.1
Mean	237	209	473	7.55	4.2	16.6
Median	251	228	479	7.66	2.6	7.8
Maximum	445	400	1849	8.42	41.4	545
# of samples	356	397	397	396	397	397

*Softened samples removed from summary statistics for Total Hardness.

Total Hardness

The total hardness test measures the amount of calcium and magnesium in water. Calcium and magnesium are essential nutrients, which generally come from naturally sources of these elements in rock and soils (i.e. carbonate rocks). The amount present in drinking water is generally not a significant source of these nutrients compared with a healthy diet. There are no health standards associated with total hardness in your water, however; too much or too little hardness can be associated with various aesthetic issues that can impact plumbing and other functions.

Results from the project suggest that Sauk County well water generally contains moderate amounts of hardness. Hardness values are such that water softeners are expected to be fairly common throughout much of the county. Lower values associated with soft water were most commonly detected in sand/gravel wells located near the Wisconsin River, wells near the Baraboo Hills which often are drilled into quartzite, in addition to wells in northern Sauk County where Cambrian sandstone is the primary aquifer. These aquifer materials generally contain less carbonate rock and may result in water that is more corrosive.

Why Test for Total Hardness

Because total hardness is related to the rocks and soils that water flows through on its way to a well, we would expect total hardness concentrations to be fairly stable from year to year. Any changes observed in total hardness concentrations may help us better understand the influence of climate variability on well water quality on an individual well. Because hardness concentrations have been shown to increase when nitrate and/or chloride increase, the total hardness test is a good complement to other tests.

Interpreting Total Hardness Concentrations

Hard Water:

Water with a total hardness value greater than 200 mg/L is considered hard water. Hard water can cause lime buildup (scaling) in pipes and water heaters. Elements responsible for water hardness can also react with soap decreasing its cleaning ability, can cause buildup of soap scum, and/or graying of white laundry over time. Some people that use hard water for showering may notice problems with dry skin.

If you are experiencing problems with hard water: Consider softening water using a water softener. Water softeners remove calcium and magnesium and replace those elements with a different cation (usually sodium). Many people choose not to soften the cold-water tap used for drinking/cooking and the outdoor faucet used for yard watering.

Note: the water softening industry measures hardness in grains per gallon. 1 grain per gallon = 17.1 mg/L as CaCO₃

Soft Water:

Water with a total hardness concentration less than 150 mg/L is considered soft. Water with too little hardness is often associated with corrosive water, which can be problematic for households with copper plumbing or other metal components of a plumbing system. Please note: Total Hardness values less than 50 would be rare for Sauk County, if your water reported less than 50 mg/L of Total Hardness it likely represents softened or partially softened water.

If you are experiencing problems with soft water or corrosion of household plumbing: You may want to consider a water treatment device (called a neutralizer) designed to make water less corrosive. Newer homes with plastic plumbing generally don't need to be as concerned with corrosive water with respect to the plumbing.

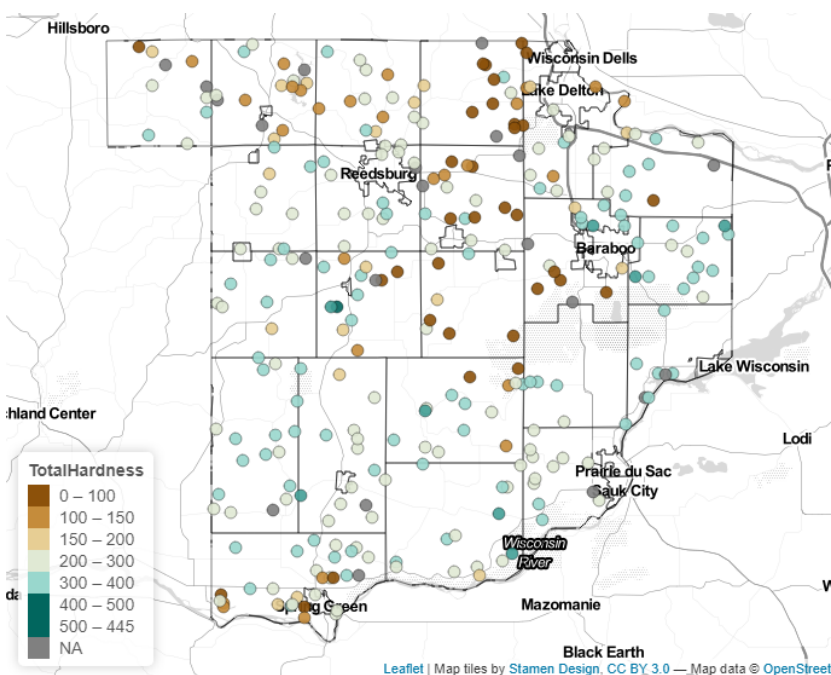
Ideal:

Water with total hardness between 150-200 mg/L is generally an ideal range of water hardness because there are enough ions to protect against corrosion, but not too many that they contribute to scale formation. While it is a personal preference, households with hardness in this range generally don't require additional treatment.

Sources of Total Hardness

Primarily dissolved carbonate minerals from soil and rock materials. When carbonate minerals dissolve, they increase the amount of calcium and magnesium ions in water.

Figure 3. Total hardness results for Year 1 of the Sauk County Well Water Monitoring Project. (NA indicates softened or partially softened samples.)



Total Hardness (mg/L CaCO ₃)	Number of Samples	Percent
Less than 50*	52	13%
51 – 100	31	8%
101 – 200	67	17%
201 – 300	141	36%
301 – 400	94	24%
Greater than 400	9	2%

*Samples with less than 50 mg/L are likely softened or partially softened

Alkalinity

Alkalinity is a measure of water's ability to neutralize acids. Alkalinity is associated with carbonate minerals and is commonly found in areas where groundwater is stored or transported in carbonate aquifers which occur in parts of Sauk County. Well water in Sauk County was generally found to contain moderate to high amounts of alkalinity. Lower values correlated with those areas found to have lower total hardness values.

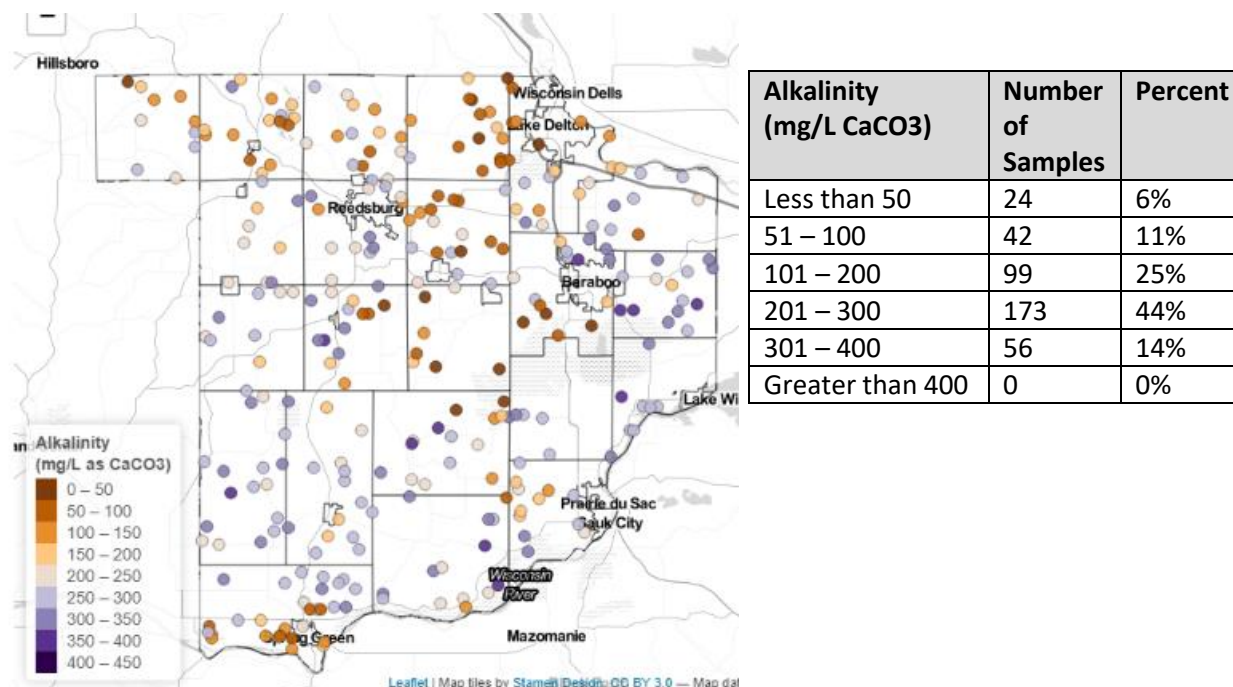
Why Test for Alkalinity

Because alkalinity is related to the rocks and soils that water flows through on its way to a well, we would expect alkalinity concentrations to be relatively stable from year to year. Any changes observed in alkalinity concentrations may help us better understand the influence of climate variability on well water quality from year to year, or make sense of broader water quality results from Sauk County. Particularly in wells that are uninfluenced by human activity, alkalinity concentrations may help us better understand which aquifers wells may be accessing groundwater from.

Interpreting Alkalinity Concentrations

There are no health concerns associated with having alkalinity in water. Alkalinity should be roughly 75-100% of the total hardness value in an unsoftened sample. Water with low levels of alkalinity (less than 150 mg/L) is more likely to be corrosive. High alkalinity water (greater than 200 mg/L), may contribute to scale formation. If total hardness is half or less than the alkalinity result, it likely indicates that your water has passed through a water softener. If alkalinity is significantly less than total hardness, it might be related to elevated levels of chloride or nitrate in a water sample.

Figure 4. Alkalinity results for Year 1 of the Sauk County Well Water Monitoring Project.



Conductivity

Conductivity measures the amount of dissolved substances (or ions) in water; but does not give an indication of which minerals are present. Conductivity is a measure of both naturally occurring ions such as calcium, magnesium, and alkalinity; as well as ions that are often associated with human influences such as nitrate and chloride. Changes in conductivity over time may indicate changes in your overall water quality.

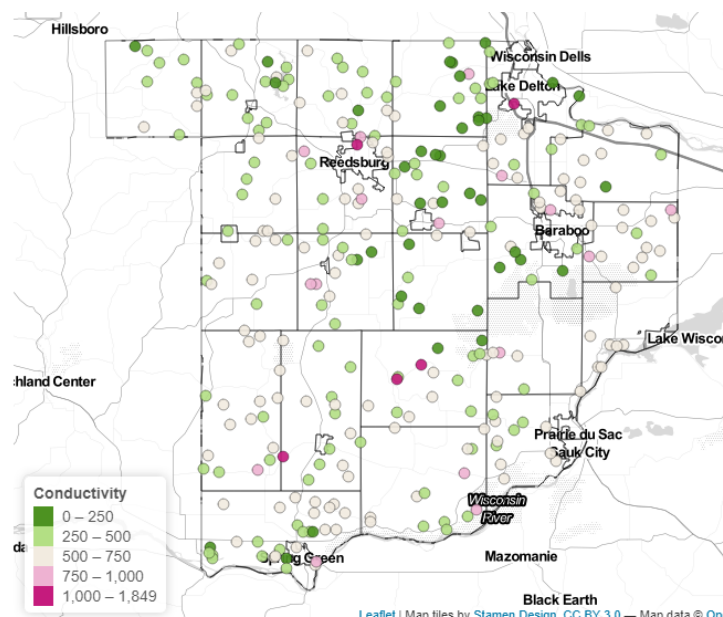
Why Test for Conductivity

Conductivity is relatively easy to measure for and sensors for conductivity are reliable. Information learned from changes in conductivity during this project may be useful for designing future monitoring strategies for Sauk County or even individual households to inexpensively track changes in well water quality continuously on their own.

Acceptable results:

There is no health standard associated with conductivity. A normal conductivity value measured in umhos/cm is roughly twice the total hardness as mg/L CaCO₃ in unsoftened water samples. If conductivity is significantly greater than twice the hardness, it may indicate the presence of other human-influenced or naturally occurring ions such as chloride, nitrate, or sulfate.

Figure 5. Conductivity results for Year 1 of the Sauk County Well Water Monitoring Project.



Conductivity (umhos/cm)	Number of Samples	Percent
Less than 100	8	2%
101 – 250	50	13%
251 – 500	157	40%
501 – 750	153	39%
751 – 1000	21	5%
Greater than 1000	5	1%

pH

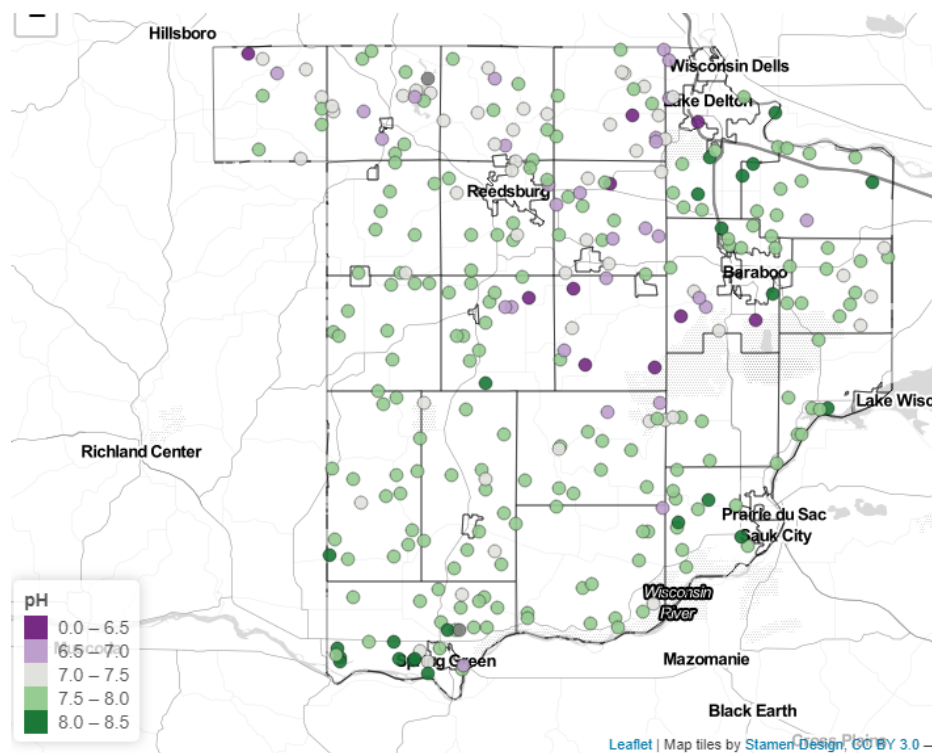
The pH test measures the concentration of hydrogen ions in a solution. The concentration of hydrogen determines if a solution is acidic or basic. The lower the pH, the more corrosive water will be. The pH of well water in Sauk County is generally slightly basic, with 88% of wells tested indicating a pH higher than 7.0. Lower pH water that may be more likely to contribute to corrosion issues was found in areas near the Baraboo Hills and in some wells of northern Sauk County.

Acceptable results:

There is no health standard for pH but corrosive water (pH less than 7) is more likely to contain elevated levels of copper or lead if these materials are in your household plumbing. Typical groundwater pH values in Wisconsin range from 6.5 to 8.5.

Sources: Low values are most often caused by lack of carbonate minerals in the aquifer.

Figure 6. The pH results for Year 1 of the Sauk County Well Water Monitoring Project.



pH	Number of Samples	Percent
Less than 5.00	2	<1%
5.01 – 6.00	3	<1%
6.01 – 7.00	44	11%
7.01 – 8.00	303	77%
8.01 – 9.00	41	10%
Greater than 9.00	1	<1%

Chloride

In most areas of Wisconsin, chloride concentrations are naturally low (usually less than 10 mg/L). Higher concentrations may serve as an indication that the groundwater supplied to your well has been impacted by various human activities. Forty-two percent of wells tested as part of the Sauk County Well Water Monitoring Project suggest evidence that land-use has impacted the well water quality.

Why Test for Chloride

Chloride is a test that allows us to understand the influence of human activities on well water quality. Measuring chloride concentrations in well water will also allow us to better understand whether well water quality is getting better, worse, or staying the same with respect to certain land-uses (see Sources).

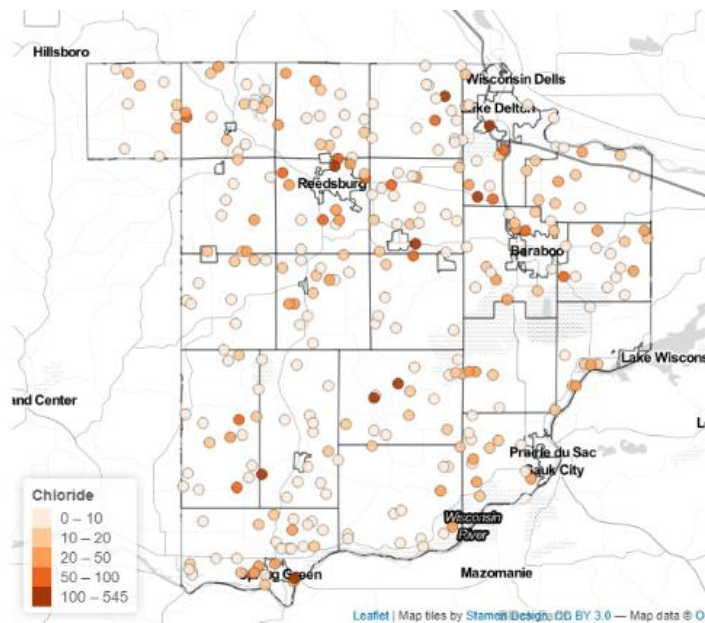
Interpreting Chloride Concentrations

Chloride is not toxic at typical concentrations found in groundwater. Unusually high concentrations of chloride (greater than 100 mg/L) are often associated with road salt and may be related to nearby parking lots or road culverts where meltwater from winter deicing activities often accumulates. Water with concentrations greater than 250 mg/L are likely to contain elevated sodium and are sometimes associated with a salty taste; high chloride levels are also more likely to be corrosive to certain metals.

Sources of Chloride

- Agricultural Fertilizers (chloride is a companion ion of potash fertilizers)
- Manure and other biosolids
- Septic Systems
- Road Salt

Figure 7. Chloride results for Year 1 of the Sauk County Well Water Monitoring Project.



Chloride (mg/L)	Number of Samples	Percent
Less than 10 mg/L	230	58%
11 – 50	137	35%
51 – 100	18	5%
101 – 200	7	2%
Greater than 200	2	<1%

Nitrate

This test measures the amount of nitrate-nitrogen in a well. Nitrate is a form of nitrogen commonly found in agricultural and lawn fertilizer that easily dissolves in water. Nitrate is also formed when waste materials such as manure or septic effluent decompose. The natural level of nitrate in Wisconsin's groundwater is less than 1 mg/L. Levels greater than this suggest groundwater has been impacted by various land-use practices.

There is a health-based drinking water standard of 10 mg/L of nitrate-nitrogen. Nine percent of wells tested as part of the Sauk County Well Water Monitoring Project indicated nitrate at levels above what is considered safe for drinking water. This is comparable to the statewide average which suggests approximately 9% of all private wells contain nitrate-nitrogen above 10 mg/L. Fifty-seven percent of wells tested in this project suggest evidence of land-use impacts to well water quality.

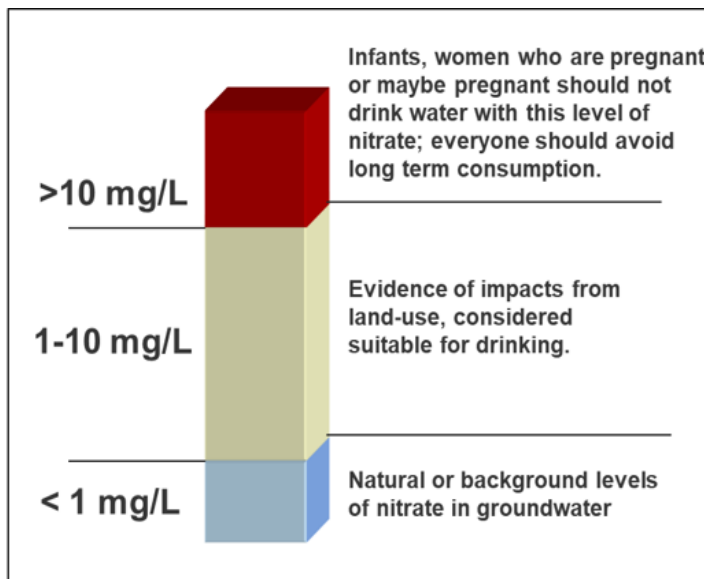
Why Test for Nitrate

Nitrate is an important test for determining the safety of well water for drinking. In addition, nitrate is a test that allows us to understand the influence of human activities on well water quality. Because it moves can come from a variety of sources and moves easily through soil, it serves as a useful indicator of certain land-use activities. An annual nitrate test is useful for better understanding whether water quality is getting better, worse, or staying the same with respect to certain land-uses (see Sources).

Health Effects of Nitrate in Drinking Water

Nitrate-nitrogen levels greater than 10 mg/L may result in the following potential health concerns:

- **Infants less than 6 months old** – blue baby syndrome or methemoglobinemia is a condition that can be fatal if left untreated
- **Women who are or may become pregnant** – may cause birth defects
- **Everyone** – may cause thyroid disease and increase the risk for certain types of cancer



Infants less than 6 months old and women who are or may become pregnant should not drink water or consume formula made with water containing more than 10 mg/L of nitrate-nitrogen. Everyone should avoid long-term consumption of water with greater than 10 mg/L of nitrate-nitrogen.

Ways to reduce nitrate in your drinking water

Sometimes drilling a new well or reconstructing an existing well may provide water with less nitrate. If this is not possible, or you need an alternative solution because of time or cost, another way to reduce nitrate is to install a water treatment device approved for removal of nitrate. Please note that if using treatment for nitrate, routine testing is necessary to make sure its functioning properly.

Treatment for Nitrate

Point-of-use devices treat enough water for drinking and cooking needs

- Reverse Osmosis
- Distillation

Point-of-entry systems treat all water distributed throughout the house

- Anion Exchange

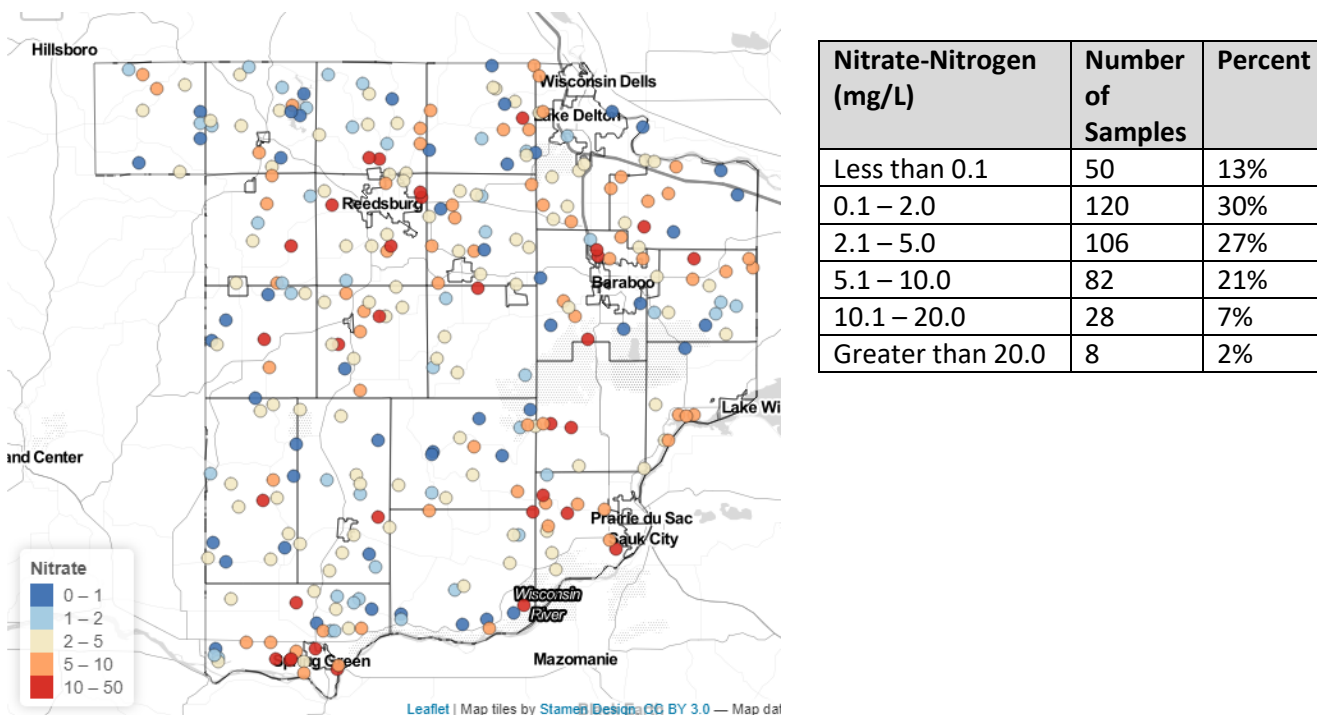
Sources of Nitrate

- Agricultural Fertilizers
- Manure and other biosolids
- Septic Systems
- Lawn Fertilizers

Strategies to reduce nitrate in groundwater

- Applying fertilizer at the right rate, time, source, place will maximize profitability and minimize excessive losses of nitrogen to groundwater; additional practices may be needed to improve water quality in areas with susceptible soils and geology
- You may not need as much nitrogen fertilizer as you think, conduct your own on-farm rate trials to develop customized fertilizer response curves for your farm
- Utilize conservation incentive programs to take marginal land or underperforming parts of fields out of production
- Diversify cropping systems to include less nitrogen intensive crops in the rotation
- Explore and experiment with the use of cover crops, perennial cropping systems, or managed grazing to reduce nitrate losses to groundwater

Figure 8. Nitrate-nitrogen results for Year 1 of the Sauk County Well Water Monitoring Project.



What is the timeline for Year 2 of the project?

We anticipate sending sampling kits to participants for year 2 of the project in November 2020, with the goal of having participants send samples back to the laboratory by December 1, 2020. Once samples are returned to the lab, we anticipate 1-2 months before sample results will be made available to project participants. Following notification of results to project participants, we will host an educational session to communicate with project participants regarding results. The annual report for year 2 is anticipated to be completed by July 31, 2021.

Additional next steps

The focus of year 1 has been on well selection, participant recruitment, and initial baseline sampling. Data analysis will continue to expand on the information presented in this report. Subsequent project tasks will focus on the following:

- Investigate relationships between land-use, soils, geology, well depth, and well water quality results. Because we intentionally selected wells with good well construction information, we will be able to utilize this information to better understand how well construction, natural factors, and human activities impact or help to influence well water quality.
- Develop statistical models to better predict water quality risk for wells in Sauk County. Because only 397 wells out of thousands of wells in Sauk County are being tested as part of this project, statistical models will assist us in identifying other wells that are most at risk for having elevated levels of nitrate.
- Multiple years of data from the same well will allow us to understand changes in well water quality from year to year. This type of data analysis will aid in our understanding of changes to well water quality over time and whether groundwater quality is getting better, worse, or staying the same. If well water quality is changing, we will be able to assess what factors may be responsible for those changes.
- A website is being developed to communicate project results. The website is being developed using RShiny, and will provide interactive data visualization of project results. The website will contain the most up to date information and will be updated annually as each year's samples are processed. Additional tools or data visualizations will be added as various tasks are completed.

Questions regarding this information please contact:

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